Redemption

I am worth being saved. I am worth fighting for against all enemies even those that live inside me.

My bad actions dreadful decisions do not have to define me any longer. I can choose differently. I can act differently. But I must think differently.

No one is coming to save me, so I must stand up. I will fight for myself. I have a right to exist and I will claim it.

I have sinned against my nature as a man I have sinned against my values I have sinned against others in my life. (Please forgive me for:)

Out of this mess of my making I will forge myself into something better. Within my soul, within my mind, within my body, I accept my task to forge a new integrity borne of love and reason.

> I will make restitution such as I am able to those I have wronged to those I have hurt to those I have caused pain. Even if this task be impossible, I will never cease trying to make things right.

Through my own moral death and rebirth I will rise again like a phoenix. Not the same man but better. I shall become a man of complete virtue.

> No one is coming to save me, so I must stand up. I will fight for myself. I have a right to exist and I will claim it.

My bad actions dreadful decisions do not have to define me any longer. I can choose differently. I can act differently. But I must think differently.

I am worth fighting for against all enemies even those that live inside me. I am worth being saved.